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Girl Friday Books

Publication Date: 11/5/2021

Trim Size: 8in x 8in (203mm x 203mm)

Page Count: 176

Retail Price (USD): 18.95

Age: 18+

ISBN: 9781736357941

Born to Read

By L.J. Tracosas

Reading to kids from birth to age five has bundles of benefits: It helps them develop language skills, encourages empathy and emotional development, fires up their imagination, helps them focus, and better prepares them for school, especially reading and writing. But most important, story time is quality time between your child and you. Born to Read is a keepsake memory book of your story time together and a guide to raising a reader, all rolled into one. By reading just one book a day for the first five years of your child's life, they can log almost two thousand books before kindergarten. Use the beautiful journal pages within to keep a list of the books you and your child read together from birth to age five. It's a perfect way to recall particular favorites, record memories, and chronicle your child's reading journey—and your child will look back proudly at all the books they've logged as they start school. Interspersed throughout the journal pages are age-appropriate tips for raising a reader and book lists to help you expand you and your child's reading horizons or dive deeper into particular interest areas. Special features encourage you to think about your unique reader. For example, "My Kid in Books" allows you to record specific reading milestones and passions and, as your child grows, interview them about the books they love. And in "Reading Recs" you can note recommendations from family and friends. The perfect baby shower gift for expecting parents or an excellent birthday present for growing readers, Born to Read: My First Five Years in Books helps document the story of how your child grew from baby to bookworm, as well as the memories you created along the way.

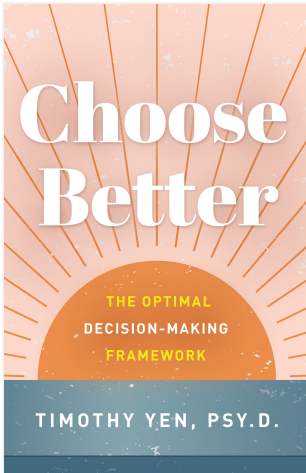
About The Author(s)

L. J. Tracosas writes books for curious kids and edits anything she can get her hands on. She's published more than ten books for young readers, including the bestselling Creature Files series, as well as licensed titles with Mattel, WWE, and others. L.J. lives in Atlanta, where she likes to visit the whale sharks at the aquarium. She makes books in memory of her son Miles.

Current Licenses: None

BISAC Codes

- FAMILY & RELATIONSHIPS / Life Stages / Infants & Toddlers
- FAMILY & RELATIONSHIPS / Education



Lioncrest Publishing
Publication Date: 1/26/2021

Trim Size: 8.5in x 5.5in (216mm x 140mm)
Page Count: 252
Retail Price (USD): 15.99
Age: 18+
ISBN: 978-1544518183

Choose Better

By Timothy Yen, Psy.D.

Have you ever faced a challenge or decision that felt so overwhelming you had no idea where to start? Choose Better provides a systematic approach to solving any problem, no matter how difficult. Designed by Dr. Timothy Yen, this series of questions will lead you step-by-step out of that state of indecision and into vibrant, confident action. In times of stress, it's easy to feel impossibly stuck. Not to mention isolated and alone. Developed across hundreds of individual case studies and thousands of clinical hours, Choose Better can help you find your best path forward no matter what life throws at you. Identify your deepest motivations, clarify your values, understand the needs of others, and work through any resistance to make transformational, life-affirming decisions—even under the greatest adversity. Stop leaving your happiness and well-being to chance. Improve your relationships, at work and at home, while remaining true to your authentic self. Learn how to make the right decisions every time—with vision, clarity, and direction—and start claiming your best life.

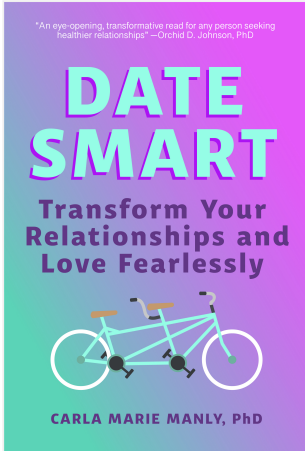
About The Author(s)

Timothy Yen is a clinical psychologist with a doctorate from Azusa Pacific University, practicing in the East Bay area and leading conferences and retreats around the globe. Between his years in private practice and another eight years as a Mental Health Staff Sergeant in the US Army, he's empowered hundreds of individuals, families, organizations, and teams to develop authentic relationships and grow into their best selves. He currently resides in Northern California with his wife and son. www.timyen.com/

Current Licenses: Chinese (Traditional) (Worldwide (excluding Mainland China))

BISAC Codes

- SELF-HELP / Personal Growth / Happiness



Familius

Publication Date: 7/1/2021

Trim Size: 6in x 9in (152mm x 229mm)

Page Count: 208

Retail Price (USD): 16.99

Age: 18+

ISBN: 9781641704670

Date Smart

By Carla Manly

Mindset Shift #1—There's a Time to Date and Time Not to Date Sometimes we have HUGE expectations for the ideal relationship. Like the people in them, every relationship is an imperfect work in progress, and we often need to shift our mindset to create relationships that help us be our best. From practicing clinical psychologist Carla Marie Manly comes a practical guide of 33 vital mindset shifts that lead to healthy, happy dating, including:

- Mindset Shift #5—Appropriate Boundaries Are Essential
- Mindset Shift #10—We All Have the Same Basic Needs
- Mindset Shift #24—Be Ready to Accept the Whole, and 30 more!

With real-life examples, the latest research, and no-nonsense advice, Date Smart teaches the modern single adult how to tailor-make your dating and relationship experiences to suit your needs, and, most important of all, how to tune in to yourself as the ultimate guide for what is healthy and positive for you.

About The Author(s)

Dr. Carla Marie Manly is a practicing clinical psychologist, author, and advocate who makes her home in Santa Rosa, California. Utilizing a mindfulness-based, holistic approach, Dr. Manly focuses on helping others achieve joy and balance from the inside out.

Current Licenses: , English Worldwide (Audio)

BISAC Codes

- FAMILY & RELATIONSHIPS / Dating
- FAMILY & RELATIONSHIPS / Love & Romance



Girl Friday Books

Publication Date: 4/6/2021

Trim Size: 9in x 6in (229mm x 152mm)

Page Count: 128

Retail Price (USD): 14.99

Age: 18+

ISBN: 9781734880205

F*cks to Give

By L.T. Jenness

Feeling burned out? So done? Like you've got zero left to give? This guided journal will help shift your focus from giving up to gratitude and refuel your soul, one prompt at a time. Yeah, yeah, we know it sounds like another line, but gratitude really can improve your overall attitude and have profound effects on your life. Real-life, actual scientific studies have found that people who regularly practice gratitude and write about it have better relationships and are healthier and happier than people who don't. Use this journal to dig deep to find your f*cks, or focus on the ones right in front of your face. Sometimes you'll want to fill pages with paragraphs, while other times a simple list will do. Skip around and work on the prompts that speak to you in the moment. Thoughtful quotes from superwise and bad*ss people will inspire you, while quick tips, tricks, and suggestions for maximizing all that latent gratitude will help you make the most of even the sh*ttest day. Even when life ships you crates of lemons, you can still make one superstrong vodka lemonade and find that there are a whole lot of reasons to give a sh*t. Now let's find those f*cks, one by one.

About The Author(s)

L.T. Jenness found herself completely out of f*cks in late 2018. But thanks to kind people—family, friends, coworkers, acquaintances, and strangers—she was able to find reasons to give a sh*t again and figured she should pay it forward. Writing as LJ Tracosas, she also creates books for curious kids, including Sink Your Teeth Into Sharks, with more than 500,000 copies in print. She lives, writes, and edits in Atlanta, Georgia, and has too many cats. She makes books in memory of her son, Miles.

Current Licenses: None

BISAC Codes

- SELF-HELP / Journaling *
- SELF-HELP / Stress Management



Koehler Books

Publication Date: 11/30/2020

Trim Size: 9in x 6in (229mm x 152mm)

Retail Price (USD): 16.95

Age: 18+

ISBN: 9781646632220

Fear Less, Love More

By Dr. Kathryn Haber

In *Fear Less, Love More*, clinical psychologist and executive coach Dr. Kathryn Haber shares her dramatic experiences of losing her mother, father, brother and sister to cancer, and her own cancer battle while raising three babies under three years of age. To help make it through these losses and other life challenges, Kathryn explored, researched, and concluded that there are five choices that can help us live a peaceful and fulfilled life-which she illuminates through personal and professional vignettes, some funny, some painful, and some inspirational. Her story addresses what it means to be human, and how we often operate from a position of fear in this unpredictable and difficult world we live in-whether we are dealing with day-to-day challenges or larger natural disasters, pandemics, or global concerns. We find ourselves in "protect" mode, falling prey to our egocentric behaviors rather than thinking beyond ourselves, considering the whole environment, our community, what's in the best interest of others. When we behave in eco-centric ways, we are our best selves, connecting with others for the greater good. Helping others gives us a sense of purpose which goes beyond the fleeting emotions of feeling happy, creating an internal peace that is sustainable over time.

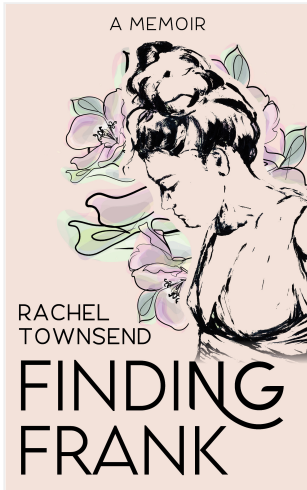
About The Author(s)

Dr. Kathryn Haber is a clinical psychologist by education and has been a practicing organizational psychologist for over twenty years, helping leaders become their best selves personally and professionally. Today, she is the executive coach for Ball Aerospace in Broomfield, Colorado, providing insights through coaching and weekly articles on topics related to leadership, mindfulness, stress, gratitude, resiliency, and other pertinent life issues. Kathryn is on the board of Wings of Hope for Pancreatic Cancer Research, which partners with the scientists and oncologists at the University of Colorado's Anschutz Medical Center to keep abreast of the innovative research they are conducting to fight pancreatic cancer-the disease that took her mother, father, and brother's lives. She is also a co-facilitator for a support group for cancer patients and survivors at Saint Joseph Hospital in Denver, CO.

Current Licenses: None

BISAC Codes

- SELF-HELP / General



Cherish Editions

Publication Date: 10/1/2020

Trim Size: 19.8in x 12.9in (503mm x 328mm)

Page Count: 240

Retail Price (USD): 18.95

Age: 18+

ISBN: 9781913615024

Finding Frank

By Rachel Townsend

How do you find love when all you've known as a child is violence and abuse? How do you find your way back from the clutches of a drug addiction and stop yourself from sinking deeper into a dark and debilitating depression? How do you carry on when you finally open your heart and then lose the one you love, in the most tragic of circumstances? Rachel's story is a tale of triumph over adversity. Set in a tropical island paradise in the West Indies, her journey takes her away to boarding school in England and on to the Middle East for the school holidays, where she first sets eyes on Frank. Remarkably, Rachel not only finds a way to make peace with the terrible traumas of her past, but she manages to turn her life around completely and along the way, she finds love... a love she once believed was lost to her forever.

About The Author(s)

Rachel is a fully qualified, BACP registered counsellor and holistic therapist based in Cornwall in the UK. She specialises in trauma and recovery and also works with couples experiencing relationship problems.

Review(s)

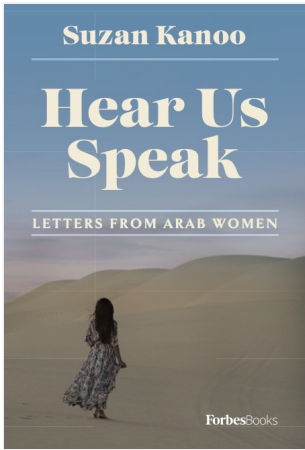
Beautifully written and so moving I found it hard to put down. I highly recommend this book and cannot wait for the next one. (Amazon reviewer)

I've read it twice I love it so much. I really wish it was a movie too.' (Amazon)

Current Licenses: None

BISAC Codes

- BIOGRAPHY & AUTOBIOGRAPHY / Personal Memoirs
- BIOGRAPHY & AUTOBIOGRAPHY / Women



ForbesBooks

Publication Date: 4/6/2021

Trim Size: 9.25in x 6.25in (235mm x 159mm)

Retail Price (USD): 24.99

Age: 18+

ISBN: 978-1950863198

Hear Us Speak

By Suzan “Suzy” Kanoo

IF ARAB WOMEN WERE GIVEN A VOICE, WHAT STORY WOULD THEY TELL? To be a woman is a gift. But that gift does not come without challenges. Historically, women around the globe have fought to be heard. The stories of Arab women in particular have often been veiled in mystery. In *Hear Us Speak*, Suzy Kanoo lifts the veil. As a CEO, Suzy has enjoyed great success as an Arab businessperson; as a woman, she has witnessed firsthand how Arab legislation and culture has not always kept pace with a world that continues to evolve. By curating letters from a wide array of women—and one good man—Suzy reveals story after story of courageous, resilient human beings who flourish in the face of impossible odds. The letters in this book are inspiring, shocking, empowering, harrowing—and a thousand shades between. When read together, they paint a rich portrait of what life is like for Arab women today. These are wives, mothers, daughters, and sisters. They are businesspeople, entrepreneurs, citizens, and refugees. They have seen and done remarkable things, been bruised and emerged stronger for it. *Hear Us Speak* is a book by and for women, a chorus of voices that will forever change the way you see the world.

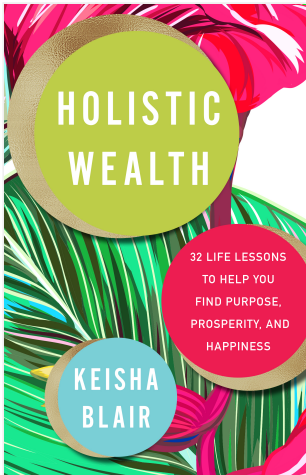
About The Author(s)

Suzan “Suzy” Kanoo is CEO and president of Khalil bin Ebrahim Kanoo Company and International Motor Trading Agency, which she has led to become one of the top five car divisions in the country. A pillar of the Bahraini business community, Suzy represents the kingdom at the top economic summit in Davos, is a member of the YPO top-CEO network, and was the first Arab woman to chair the MENA division through member elections. She has traveled with the UN to Syria and goes twice a year to refugee camps around the world and is the cofounder of Ren of Fay, an organic and halal makeup line. Educated in the United States with undergraduate and graduate degrees in the liberal arts, she has studied at Boston College, Mercer University, Georgetown University, and Harvard. She is presently completing an executive business program at London Business School. Suzy is a sought-after speaker, tech investor, entrepreneur, poet, author, and the proud mother of three.

Current Licenses: None

BISAC Codes

- SOCIAL SCIENCE / Women's Studies



Girl Friday Books

Publication Date: 11/5/2019

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Page Count: 262
Retail Price (USD): 14.95
Age: 18+
ISBN: 9781999178703

Holistic Wealth

By Keisha Blair

Build a better, richer life by following thirty-two lessons that lead to happiness. Imagine a life where you are financially savvy and independent, living with purpose and generosity while inspiring others. Holistic Wealth will teach you to master these tenets of a happy and joyful life, giving you a greater sense of wholeness and resilience in times of difficulty. By expanding on the teachings shared in her viral article "My Husband Died at 34; Here Are 40 Life Lessons I Learned From It" author Keisha Blair presents revolutionary strategies that will help you find balance and success. By following actionable, comprehensive steps from experts in a wide array of fields, this engaging book will guide you on your path to serenity. Holistic Wealth teaches you how to find prosperity in key aspects of life, from financial stability and physical health to your emotional and spiritual connections with others. Cultivating these strengths will build the mental toughness and grit you need to weather life's inevitable storms and setbacks.

About The Author(s)

Keisha Blair is the award-winning, bestselling author of Holistic Wealth: 32 Life Lessons To Help You Find Purpose, Prosperity and Happiness, and the Holistic Wealth Personal Workbook. She is also a trained economist, with extensive experience in the public, private, and not-for-profit sectors. She is the Founder of the Keisha Blair Institute on Holistic Wealth and is a graduate of the Executive Leadership Program at Harvard University's Kennedy School of Government. Keisha has been featured in the New York Times, The Harvard Business Review, Essence Magazine, The Wall Street Journal, and many other publications. Her book Holistic Wealth has won multiple awards including: Award-Winning Finalist in the 2020 Best Book Awards and Award-Winning Finalist in the 2020 International Book Awards (Self-Help categories). www.keishablair.com

Review(s)

"This book should be required reading! Keisha Blair spells outprecisely how we can achieve holistic wealth. This is sure to help YOU find purpose and have a more meaningful, happy life."
--Dave Kerpen, New York Times bestselling author of The Art of People and Chairman of Likeable Media

"This book will make you more wealthy, but in ways that actually matter. If you live by the wisdom within these pages, it is almost a guarantee that your life will become better. Dive head-first into this book if you want to learn to overcome challenges in your life, live more deeply, and even get more out of your money and relationships. I loved this book, and I'm confident you will, too."
--Chris Bailey, international bestselling author of Hyperfocus and

The Productivity Project

Award(s)

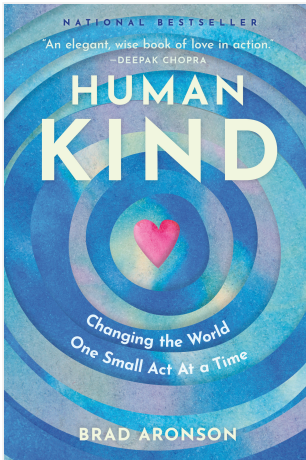
Award-Winning Finalist in the 2020 Best Book Awards

Award-Winning Finalist in the 2020 International Book Awards
(Self-Help categories)

Current Licenses: None

BISAC Codes

- BUSINESS & ECONOMICS / Personal Finance / Money Management
- SELF-HELP / Death, Grief, Bereavement



Wonderwell Press

Publication Date: 4/14/2020

Trim Size: 9in x 6in (229mm x 152mm)

Page Count: 256

Retail Price (USD): 15.99

Age: 18+

ISBN: 9781928055631

HumanKind

By Brad Aronson

Brad Aronson's life changed in an instant when his wife, Mia, was diagnosed with leukemia. After her diagnosis, Brad spent most of the next two-and-a-half years either by her side as she received treatment or trying to shield their five-year-old son, Jack, from the worst of Mia's illness. Amid the stress and despair of waiting for the treatment to work, Brad and Mia were met by an outpouring of kindness from friends, family, and even complete strangers. Inspired by the many demonstrations of "humankindness" that supported their family through Mia's recovery, Brad began writing about the people who rescued his family from that dark time, often with the smallest of gestures. But he didn't stop there. Knowing that simple acts of kindness transform lives across the globe every day, he sought out these stories and shares some of the best ones here. In *HumanKind*, you'll meet the mentor who changed a child's life with a single lesson in shoe tying, the six-year-old who launched a global kindness movement, the band of seamstress grandmothers who mend clothes for homeless people, and many other heroes. Brad also provides dozens of ways you can make a difference through the simplest words and deeds. You'll discover how buying someone a meal or sharing a little encouragement at the right time can change someone's world, as well as your own. The resource section at the back of the book provides guidance and organizations that will help you channel and amplify your own acts of kindness. Here you'll discover how you can fund a surgery to cure someone's blindness with a donation of less than \$200; organizations through which you can provide a birthday gift for a child who otherwise wouldn't receive one; multiple places where you can send letters of encouragement to support hospitalized kids, lonely seniors, refugees, veterans, and others; and over fifty more ways you can change a life. *HumanKind* will touch your heart. You'll laugh, you'll cry, and you'll be reminded of what really matters.

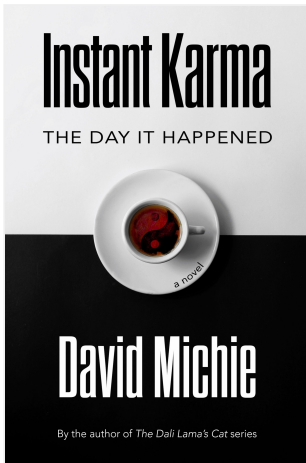
About The Author(s)

Brad Aronson is a tech investor and former marketing executive who is passionate about serving at-risk youth. He serves on the boards of Big Brothers Big Sisters and Hopeworks, and teaches entrepreneurship to inner city teens. Aronson is the co-author of *Advertising on the Internet, 2nd Edition*.

Current Licenses: Russian (Russia)

BISAC Codes

- SOCIAL SCIENCE / Philanthropy & Charity
- SELF-HELP / Motivational & Inspirational
- BIOGRAPHY & AUTOBIOGRAPHY / Social Activists



Conch Books
Publication Date: 9/1/2021

Age: 18+
ISBN: 9999999999999

Instant Karma

By David Michie

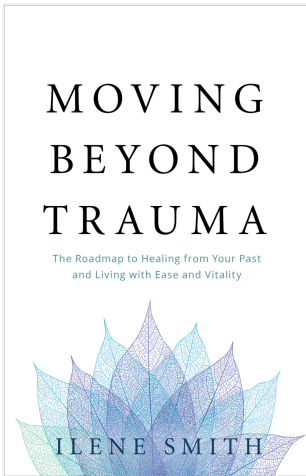
'Why doesn't everyone believe in karma?' Lama Tashi repeated the question with a mischievous twinkle. 'The answer is very simple.' He gazed at where his students relaxed on their meditation cushions in the candle-lit room. 'It's because karma isn't instant. If cause was followed immediately by effect, there would be no question, no doubt.' A wave of recognition passed, palpably through the room. And along with it, a surge of possibilities. 'Imagine if karma went instant?' said Anton. 'How crazy would that be?' What if we all woke one day to discover that every act of generosity was followed, soon after, by an unexpected windfall? If theft or betrayal led to rapid calamity? Within minutes, the effects of instant karma would be felt by each one of us. Within hours it wouldn't just be ordinary folks trying to figure out the new order—it would be everyone from the President down. Instant Karma is the story of that day. An extraordinary vision, by turns hilarious and poignant, early adopters are quick to capitalize on the new dynamics while karma change deniers vehemently dig in their heels. A little-known Buddhist monk, Lama Tashi, suddenly becomes TV's go-to man, sought out for the wisdom he imparts with such oceanic benevolence. Amid the roller coaster of events, Instant Karma takes us to unexplored places. How much would human behavior change if we had to live with the immediate consequences of our actions? Is reality much more a product of our minds than of circumstances? And does focusing on the wellbeing of others truly hold the key to our greatest flourishing? Zesty, subversive, warm-hearted, Instant Karma is David Michie at his thought-provoking best.

About The Author(s)

David Michie is the internationally bestselling author of The Dalai Lama's Cat series of novels, as well as non fiction titles including Why Mindfulness is Better than Chocolate, Hurry Up and Meditate, Buddhism for Busy People and Buddhism for Pet Lovers. His books are available in 26 languages in over 40 different countries. David is a keynote speaker, corporate trainer and coach on mindfulness and meditation. He has extensive experience presenting to a wide variety of different audiences around the world. www.davidmichie.com

Current Licenses: French (Worldwide)

BISAC Codes



Scribe Media

Publication Date: 4/27/2020

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Page Count: 254
Retail Price (USD): 14.99
Age: 18+
ISBN: 978-1544505992

Moving Beyond Trauma

By ILENE SMITH

Have you noticed that no matter how much time you spend in talk therapy, you still feel anxious and triggered? That is because talk therapy can keep you stuck in a pattern of reliving your stories, rather than moving beyond them. But, most of all, it's because trauma doesn't just reside inside your mind—much more importantly, it locks itself in other parts of your body. When left unresolved, that trauma continues to live there, impacting your life, your relationships, your sense of safety, and your ability to experience joy in very real ways. In *Moving Beyond Trauma*, Ilene Smith will introduce you to Somatic Experiencing, a body-based therapy capable of healing the damage done to your nervous system by trauma. She breaks down the ways in which trauma impacts your nervous system and walks you through a program designed to process trauma in a non-threatening way. You will discover a healing lifestyle marked by a deeper connection with yourself, those around you, and with everything you do.

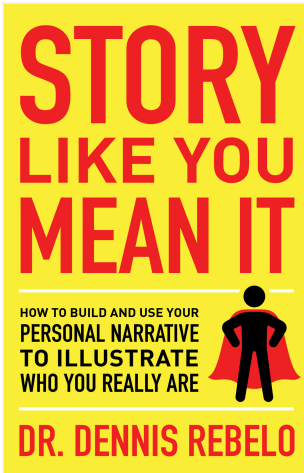
About The Author(s)

ILENE SMITH is a certified professional coach and Somatic Experiencing practitioner who is passionate about helping others explore life with curiosity and exuberance. Her research into Somatic Experiencing and eating disorders has contributed to the importance of Somatic Experiencing and body-based therapies in recovery. Ilene has also worked extensively with patients suffering from addiction. With master's degrees in exercise physiology and mental health counseling, Ilene blends talking, touch work, and movement to create synergy between a client's body and mind. In addition to her private practice, Ilene has developed a series of trauma healing workshops and lectures, which she hosts worldwide. Ilene lives in Arizona.

Current Licenses: None

BISAC Codes

- PSYCHOLOGY / Mental Health



Story Like You Mean It

By Dr. Dennis Rebelo

Each of us has a story to share, a mixture of lived experiences—planned and unplanned—that come together and give our existence shape and identity. But in a world where we rely on screens and images for communication and self-expression, do we truly know how to tell our story? Do you know how to tell yours? In *Story Like You Mean It*, Dr. Dennis Rebelo helps you communicate with ease and connect with others by constructing a self-narrative with intention and purpose. At the intersection of academic theory and practical experience, Dr. Rebelo shares insights he has gained coaching clients on how to build and then share their life-work narratives. Students from the US Navy and CVS Health's Executive Learning Series for Diverse Suppliers, and even NFL alumni, have used Dr. Rebelo's Peak Storytelling model to navigate personal history, reflect on influential moments, and compellingly communicate their true value. What raw experiences made you who you are today? How do you express them meaningfully to showcase your worth? Dive into the intricacies of StoryPathing, become the master of your own narrative, and reap the benefits of sharing who you truly are.

Scribe Media
Publication Date: 3/16/2021

Trim Size: 8.5in x 5.5in (216mm x 140mm)
Page Count: 234
Retail Price (USD): 19.99
Age: 18+
ISBN: 978-1544519623

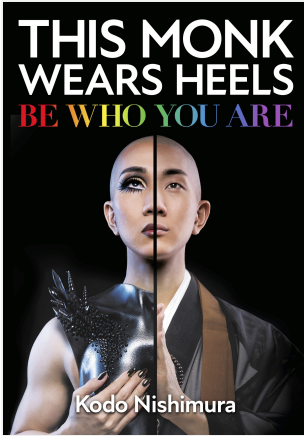
About The Author(s)

Dr. Dennis Rebelo is a professor, speaker, and career coach. He is the creator of the Peak Storytelling model, his research-based method for crafting the narrative of who you are and what drives you and why, utilized by former professional athletes turned nonprofit leaders as well as entrepreneurs, CEOs, guidance professionals, and advisers throughout the world. Dr. Rebelo, former president of Alex and Ani University and co-founder of the Sports Mind Institute, recently received the 2020 Thomas J. Carroll Award for Teaching Excellence at Roger Williams University. He currently resides in Rhode Island.

Current Licenses: None

BISAC Codes

- SELF-HELP / General
- SELF-HELP / Communication & Social Skills



THIS MONK WEARS HEELS: BE WHO YOU ARE

By Kodo Nishimura

You won't become the "real you" unless you face up to the thing you've avoided most. Open your eyes to things you don't want to see and change will come. Kodo Nishimura, an international makeup artist and Buddhist monk, has had an extraordinary life. Last year, he rose to instant stardom following his appearance in The Fab Five's **Queer Eye: We're In Japan!** series special that aired to massive viewership on Netflix in 2019. Behind his wide smile however hid a life that has been faced with endless challenges. The book starts with Kodo's childhood, playing dress up as Little Mermaid, to his lonely adolescence where despite being born into a family of priests, all he wanted to do was wear pretty dresses and become a princess. Feeling like an outsider in a society that celebrates uniformity, Kodo's time in New York at Parsons and his work as a leading make-up artist brought him to ultimately embrace his true calling and to find beauty in this realization. Kodo's first book is full of practical tips for positive thinking and the unique philosophies he has attained as a Buddhist monk. Detailing his journey to self-love, the book provides a gentle, loving, and encouraging voice for all those who dare to be different. Please email allison@dropcap.com or monica@dropcap.com for a copy of the English translation.

Sunmark Publishing, Inc.
Publication Date: 1/1/2021

Page Count: 193
Age: 18+
ISBN: 9784763138316

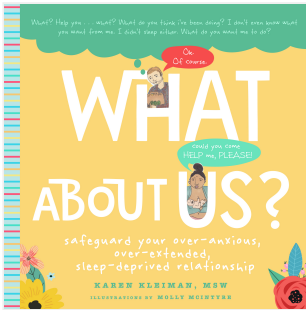
About The Author(s)

Kodo Nishimura is a Japanese Buddhist monk born in Tokyo in 1989. He graduated from the Parsons School of Design in New York. After graduating, he remained in the US to work as a makeup artist, where he participated in Miss Universe and Miss America pageants, receiving high praise from international media and Hollywood actresses. After returning to Japan, Nishimura trained to be a priest and was ordained into the Pure Land sect in 2015. He also holds makeup and LGBTQ awareness seminars including LGBTQ friendly make-up seminars. His lectures held at the United Nations Population Fund in New York, Yale University, and Zōjō-ji Temple have attracted wide coverage on the likes of NHK and the BBC.

Current Licenses: English (Worldwide), Japanese Japan (Print), Korean Korea, South (Print), Chinese (Traditional) Taiwan (Print), Chinese (Simplified) China (Print), Thai Thailand (Print), Vietnamese Vietnam (Print), Indonesian Indonesia (Print)

BISAC Codes

- SELF-HELP / Gender & Sexuality *
- BIOGRAPHY & AUTOBIOGRAPHY / Personal Memoirs
- PHILOSOPHY / Buddhist



Familius

Publication Date: 11/1/2021

Trim Size: 7in x 7in (178mm x 178mm)

Page Count: 128

Retail Price (USD): 16.99

Age: 18+

ISBN: 9781641705714

What about US?

Good Moms Series

By Karen Kleiman, Illustrated By Molly McIntyre

The demands of a new baby can test a couple's relationship like nothing else! When we factor in sleep deprivation, hormonal changes, depression and anxiety, and different personalities, life with a newborn can feel a bit CRAZY. Couples tend to misinterpret this rough patch as a sign that something is wrong with the relationship, but when couples take steps toward open communication and safeguard their relationship, they can face everything new parenthood throws at them together. From the team behind the bestselling Good Moms Have Scary Thoughts comes a new guidebook of short essays, comics, and quick journal prompts about the stressful newborn stage, the struggles that so many new parents face, and the skills you need to tap into your strength as a couple.

About The Author(s)

Karen Kleiman is a well-known international maternal mental-health expert with over thirty years of experience and frequent appearances and interviews in digital and print publications as well as on national television programs. In 1988, Karen founded The Postpartum Stress Center, a treatment and training facility for prenatal and postpartum depression and anxiety disorders, where she treats individuals and couples.

Current Licenses: None

BISAC Codes

- FAMILY & RELATIONSHIPS / Parenting / Motherhood
- SELF-HELP / Depression
- FAMILY & RELATIONSHIPS / Parenting / Fatherhood



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Witches, Sluts, Feminists

By Sollee, Kristen J.

Witch, Slut, Feminist: these contested identities are informing millennial women as they counter a tortuous history of misogyny with empowerment. This innovative primer highlights sexual liberation as it traces the lineage of "witch feminism" through art, film, music, fashion, literature, technology, religion, pop culture, and politics. Juxtaposing scholarly research on the demonization of women and female sexuality that has continued since the witch hunts of the early modern era with pop occulture analyses and interviews with activists, artists, scholars, and practitioners of witchcraft, this book addresses and illuminates contemporary conversations about reproductive rights, sexual pleasure, queer identity, pornography, sex work, and more. Author Kristen J. Sollee elucidates the ways in which women have been persecuted for their perceived connection with witchcraft, and how they have fought back, harnessing the legacy of the witch for revolutionary means. Kristen J. Sollee is an instructor at The New School and founding editrix of Slutist, an award-winning sex positive feminist website.

About The Author(s)

Kristen J. Sollee teaches undergraduate gender studies courses at The New School and is the founding editrix of Slutist, an award-winning sex positive feminist website. Her popular Legacy of the Witch charity festival in Brooklyn honors the witch as an icon of female power and persecution through music, art and burlesque. www.kristensollee.com/

Current Licenses: French (France)

BISAC Codes

- SOCIAL SCIENCE / Women's Studies
- PSYCHOLOGY / Human Sexuality