

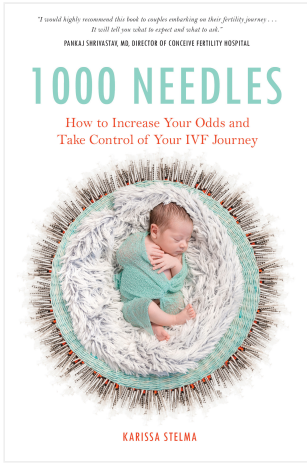


**DROPCAP**

# London 2021 - Parenting Rights Guide

6/24/2021

dropcap.com | Allison@dropcap.com |  
Monica@dropcap.com



Familius

Publication Date: 3/1/2021

Trim Size: 6in x 9in (152mm x 229mm)

Page Count: 208

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Age: 18+

ISBN: 9781641704502

## 1000 Needles

By Karissa Stelma

Infertility affects about 15 percent of couples globally, amounting to 48.5 million couples, yet somehow infertility and IVF are taboo subjects, often hidden and un-talked about. *1000 Needles: How to Increase Your Odds and Take Control of Your IVF Journey* removes the stigma with a touch of sass and an unapologetically honest voice, exploring one couple's IVF challenges and discoveries in order to normalize the infertility conversation. This guidebook addresses the medical and personal sides of the fertility coin, sifts through drug and treatment options, dispels myths, breaks taboos, and offers that elusive kernel of hope to those just beginning IVF or nearing its desperate end. The combination of meticulous research and personal experience that resulted in a successful pregnancy and birth for the author, coupled with an honest retelling of the emotional and physical impacts it had on both partners, gives readers a solid cheat sheet of what to expect as they traverse their own IVF journey.

### About The Author(s)

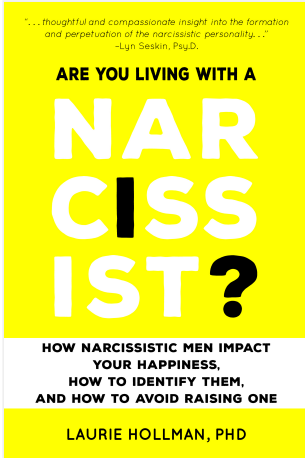
Karissa Stelma, forever a New Yorker at heart, has been domiciled in Dubai for the last nine years while working in finance. She resides with her greatest loves—her husband, Kyle, and their three children.

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**Current Licenses:** , English Worldwide (Audio)

### BISAC Codes

- HEALTH & FITNESS / Pregnancy & Childbirth
- FAMILY & RELATIONSHIPS / Parenting / Motherhood



Familius

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Age: 18+

ISBN: 9781641702331

## Are You Living with a Narcissist?

By Laurie Hollman, Laurie Hollman

What's the difference between narcissism and normal love? In the current political and social climate, narcissistic tendencies are coming under more scrutiny, but there are so many nuances to navigate, and many women don't know how to identify or respond to narcissists when they meet them, especially if they happen to be in their own home. In *Are You Living with a Narcissist?*, psychoanalyst Laurie Hollman, PhD, helps you identify the narcissists in your life and recognize the effect they have on your family and happiness—and what to do about it. This groundbreaking, thoroughly researched guide explores: the symptoms of Narcissistic Personality Disorder; the spectrum of healthy to pathological narcissism; how to raise a child so that he does not become a narcissist; how spouses of narcissists can live happy, healthy lives; the relationship between male narcissism and violence; the impact of culture on narcissism; and more!

### About The Author(s)

Laurie Hollman, PhD, is a psychoanalyst with specialized clinical training in infant-parent, child, adolescent, and adult psychotherapy—a unique practice that covers the life span. Dr. Hollman was trained in infant-parent psychotherapy at the Anni Bergman Parent-Infant Training Program in NYC affiliated with the Institute for Psychoanalytic Training and Research and the Contemporary Freudian Society. She has worked with a wide range of parents and their infants including battered women and their babies, mothers with autistic children and their babies, alcoholic mothers and their babies. She received specialized training in child and adolescent treatment at New York University. Her PhD dissertation on nine-year-old girls culminated in a new finding and major contribution to the psychology of this age group focusing on troubling fantasies with which these children struggle. She was invited to join the faculty of New York University before graduating and taught clinical courses on listening to unconscious fantasies, child psychotherapy, and understanding the art work of children. Dr. Hollman was trained in the psychoanalysis of adults at The Society for Psychoanalytic Study and Research where she became the youngest graduate to join the faculty and Board of Directors and later became president. She taught courses on narcissistic and borderline personality disorders as well as art therapy for children. Dr. Hollman has studied with world-renowned figures such as psychiatrist and psychoanalyst Dr. Jacob Arlow, psychologist and child researcher Dr. Anni Bergman, and psychologist and infant researcher Dr. Beatrice Beebe. Dr. Hollman is widely published on topics relevant to parents and children such as juried articles and chapters in the international *Psychoanalytic Study of the Child*, *The International Journal of Infant Observation*, and *the Inner World of the Mother*. She

wrote on subjects relevant to parents of divorce for the Family

Laurie Hollman, PhD, is a psychoanalyst with specialized clinical training in infant-parent, child, adolescent, and adult psychotherapy—a unique practice that covers the life span. Dr. Hollman was trained in infant-parent psychotherapy at the Anni Bergman Parent-Infant Training Program in NYC affiliated with the Institute for Psychoanalytic Training and Research and the Contemporary Freudian Society. She has worked with a wide range of parents and their infants including battered women and their babies, mothers with autistic children and their babies, alcoholic mothers and their babies. She received specialized training in child and adolescent treatment at New York University. Her PhD dissertation on nine-year-old girls culminated in a new finding and major contribution to the psychology of this age group focusing on troubling fantasies with which these children struggle. She was invited to join the faculty of New York University before graduating and taught clinical courses on listening to unconscious fantasies, child psychotherapy, and understanding the art work of children. Dr. Hollman was trained in the psychoanalysis of adults at The Society for Psychoanalytic Study and Research where she became the youngest graduate to join the faculty and Board of Directors and later became president. She taught courses on narcissistic and borderline personality disorders as well as art therapy for children. Dr. Hollman has studied with world-renowned figures such as psychiatrist and psychoanalyst Dr. Jacob Arlow, psychologist and child researcher Dr. Anni Bergman, and psychologist and infant researcher Dr. Beatrice Beebe. Dr. Hollman is widely published on topics relevant to parents and children such as juried articles and chapters in the international Psychoanalytic Study of the Child, The International Journal of Infant Observation, and the Inner World of the Mother. She wrote on subjects relevant to parents of divorce for the Family

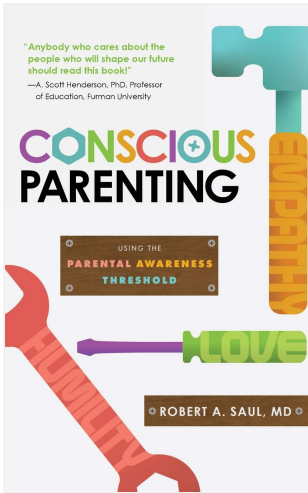
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**Current Licenses:** Korean (Korea, South), Romanian (Worldwide), English Worldwide (Audio)

**BISAC Codes**

- FAMILY & RELATIONSHIPS / General
- FAMILY & RELATIONSHIPS / Dysfunctional Families
- FAMILY & RELATIONSHIPS / Reference





Koehler Books

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Page Count: 100

Retail Price (USD): 14.95

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ISBN: 9781646630417

## Conscious Parenting

By Robert A. Saul

Parenting in today's society is complex. Dr. Saul knows that parenting requires instruction and constant tinkering as we learn what we did right and what we need to improve. Conscious Parenting: Using the Parental Awareness Threshold provides a basic framework, a map, for such a process. Using real-life vignettes from infancy through adolescence that are drawn from a lifetime of work with children and parents, Dr. Saul seeks to give parents the learned ability to understand their interactions with their children and to change their responses to maximize positive results and minimize negative results. Parents will find numerous examples and suggestions on ways to enhance those opportunities at all ages. Brief and right to the point, Conscious Parenting: Using the Parental Awareness Threshold can be referred to again and again, day in and day out.

### About The Author(s)

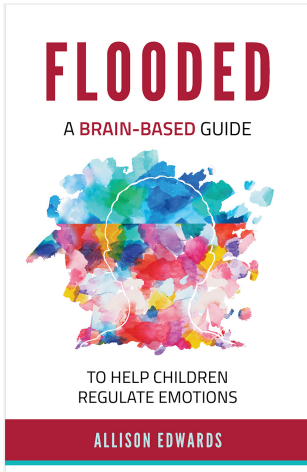
Dr. Robert Saul was born in Chicago, Illinois, and later moved to Colorado. A graduate of Colorado College and the University of Colorado School of Medicine, he completed pediatric training at Duke University Medical Center and genetic training at the Greenwood Genetic Center. He is currently professor of pediatrics at Prisma Health Children's Hospital-Upstate and the University of South Carolina School of Medicine in Greenville, SC. He is widely recognized as an expert in pediatrics and genetics and has published over 100 articles. In his over forty years in medicine, Dr. Saul's advocacy on the behalf of children has led him to write three other books: My Children's Children: Raising Young Citizens in the Age Of Columbine, All About Children (illustrated by Jan Yalich Betts), and Thinking Developmentally: Nurturing Wellness in Childhood to Promote Lifelong Health (co-authored with Dr. Andy Garner).

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**Current Licenses:** , English Worldwide (Audio)

### BISAC Codes

- FAMILY & RELATIONSHIPS / Parenting / General
- FAMILY & RELATIONSHIPS / Conflict Resolution
- HEALTH & FITNESS / Children's Health



## Flooded: A Brain-Based Guide to Help Children Regulate Emotions

By Allison Edwards

"When your brain perceives danger, your body and mind will go instantly into one of three modes—flight, fight, or freeze. Your heart races, your body tenses up, your hands shake, and your emotions take over rational thought. You've entered The Flood Zone. When children experience The Flood Zone, their behavior changes. They yell, bite, or run away. They withdraw and lose concentration. They blame and lie. In this state, children are unable to be rational, regulated, or otherwise compliant. Even the most motivated child (or adult) with the greatest coping strategies won't be able to identify or manage their emotions in The Flood Zone. In *Flooded*, counselor and bestselling author, Allison Edwards explains how parents, teachers, and counselors can identify when children have entered The Flood Zone. She also offers suggestions for teaching children (and adults!) how to regain control of their emotions. In this book, you'll get:

- An overview of how the brain interacts with emotions
- Understanding of the role of trauma in emotional health
- Explanation of why children can't respond rationally in stressful circumstances
- Techniques for teaching children how to regulate emotions
- Suggestions for setting up your classroom or office to improve emotional awareness
- Strategies for improving interactions with children at school and home

As educators, parents, and professionals, we need to teach children and teens how to identify their emotions, learn what triggers those feelings, and provide strategies to manage their feelings in a healthy way. This book explains how."

National Center for Youth Issues  
Publication Date: 3/25/2021

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Page Count: 104  
Word Count: 19769  
Retail Price (USD): 19.95  
Age: 18+  
ISBN: 978-1953-945-433

### About The Author(s)

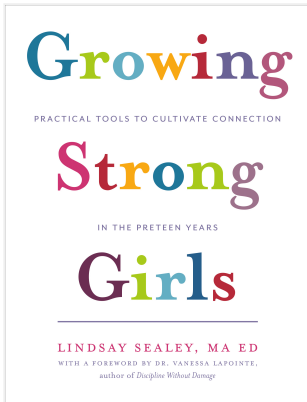
"Allison Edwards is a Licensed Professional Counselor and Registered Play Therapist who specializes in working with children, adolescents, and their families. She received her undergraduate degree in Education from Northwest Missouri State and a graduate degree in Counseling from Vanderbilt University. Before opening a private practice, Allison developed and maintained a play therapy program for at-risk and immigrant children in the public school system. In her current practice, she sees children of all ages, consults with parents, supervises counselors, and writes about childhood anxiety. She also serves as an Affiliate Professor at Vanderbilt University where she enjoys teaching future counselors how to work with kids."

**Current Licenses:** Polish (Poland), Romanian (Worldwide)

### BISAC Codes

- EDUCATION / Counseling / General
- PSYCHOLOGY / Psychopathology / Addiction

- EDUCATION / Special Education / Socially Handicapped



Wonderwell Press  
Publication Date: 9/5/2017

Trim Size: 8.5in x 6.5in (216mm x 165mm)  
Page Count: 232  
Retail Price (USD): 16.99  
Age: 18+  
ISBN: 9781928055297

## Growing Strong Girls

By Lindsay Sealey

Girls today face incredible pressure to grow up fast. They yearn to connect, but sometimes this yearning can turn into negative, even destructive, behavioral patterns such as gossiping, being passive-aggressive or mean, becoming screen-addicted, or disengaging from school. It's heartbreaking to watch even the most confident young girls disconnect and lose their sparkle as they hit the preteen years. In *Growing Strong Girls*, Lindsay Sealey reveals the key to activating self-awareness, inner strength, and confidence in a preteen girl—a nurturing and secure connection between her and her caregivers.

### About The Author(s)

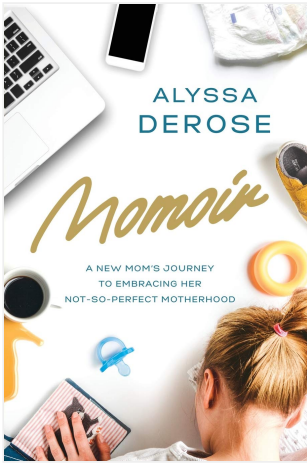
Lindsay Sealey is the founder and CEO of Bold New Girls and Brave New Boys: a unique teaching and coaching company, merging academic and social and emotional support, and emphasizing empowerment. Sealey is a passionate keynote speaker, consultant, and workshop facilitator for students, teachers, parents, and community volunteers.

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**Current Licenses:** None

### BISAC Codes

- FAMILY & RELATIONSHIPS / Life Stages / School Age
- FAMILY & RELATIONSHIPS / Parenting / General
- EDUCATION / Teacher & Student Mentoring \*



Koehler Books

Publication Date: 8/10/2020

Trim Size: 9in x 6in (229mm x 152mm)

Page Count: 182

Retail Price (USD): 16.95

Age: 18+

ISBN: 9781646630448

## Momoir

By Alyssa DeRose

"Have kids," they said. "It will be the best thing that ever happened to you," they encouraged. In therapy, on the cusp of a mental breakdown caused by a sleep-defying baby, Alyssa DeRose listens as her therapist (read: paid best friend) finally puts her version of the truth into words: "It's okay if becoming a mother was both the best and worst thing to ever happen to you." Alyssa now welcomes fellow women into the brutal and transformational season of life called new motherhood, inviting us to reflect on our own flawed stories of motherhood and offering needed permission to embrace our imperfection. Written from the trenches of her daily life, MOMOIR: A New Mom's Journey to Embracing Her Not-So-Perfect Motherhood provides a front-row seat to Alyssa's struggles with motherhood—through miscarriage and postpartum depression and marital stress and a surprise second baby. She shares her colorful story with authenticity, faith, and a healthy dose of levity, three ingredients she has learned every mother needs to survive.

### About The Author(s)

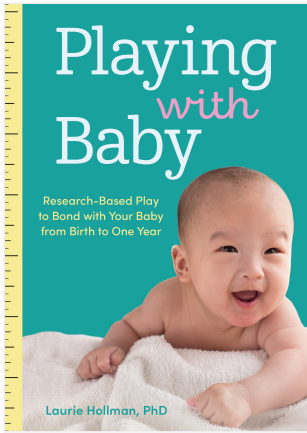
Alyssa DeRose—who is on a first-name basis with Jesus, the local garbage man, and her Lululemon sales representative—is mom to two young boys, Micah and Levi. She has spent the early years of her stay-at-home motherhood questioning her decision to give up her career, making more mistakes than most, and somehow—with the help of her husband and a skilled professional therapist—managing to find freedom in her new identity as a mother.

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**Current Licenses:** , English Worldwide (Audio)

### BISAC Codes

- FAMILY & RELATIONSHIPS / Parenting / Motherhood
- BIOGRAPHY & AUTOBIOGRAPHY / Personal Memoirs



Familius

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Page Count: 164

Retail Price (USD): 16.99

Age: 18+

ISBN: 9781641704663

## Playing with Baby

By Laurie Hollman

Babies are amazing! From the moment they open their eyes, they are learning and developing at an astonishing rate. Parents naturally want to engage with infants as they learn and grow, but what if we could optimize the way we play with babies? Backed by the latest research and years of observation, *Playing with Baby* distills the experts' findings for new parents, giving them a guide to the first year of a baby's life and the growth of his or her individual mind. Through specific month-by-month play options and the research behind them, psychoanalyst Laurie Hollman helps us understand how to create secure attachments between baby and mother even before they can communicate with language. While aiding natural development is a big plus, the real payoff for parents comes from the baby's reaction: when we play on the baby's level, we engage and connect more deeply—and we have more fun!

### About The Author(s)

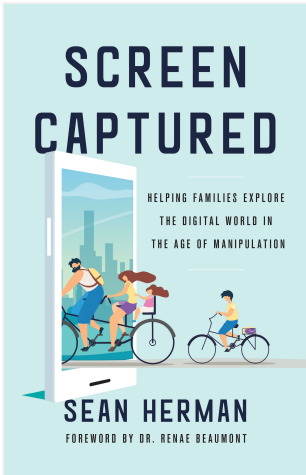
Laurie Hollman, PhD, is an award-winning author and psychoanalyst with specialized clinical training in infant-parent, child, adolescent, and adult psychotherapy. She has been on the faculties of New York University and the Society for Psychoanalytic Training and Research, among others, and has written extensively on parenting for various publications, including her popular column, "Parental Intelligence," at *Moms Magazine*.

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**Current Licenses:** , English Worldwide (Audio)

### BISAC Codes

- EDUCATION / Preschool & Kindergarten
- FAMILY & RELATIONSHIPS / Parenting / Motherhood
- FAMILY & RELATIONSHIPS / Parenting / General



Lioncrest Publishing  
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Page Count: 220  
Retail Price (USD): 10.99  
Age: 18+  
ISBN: 978-1544503769

## Screen Captured

By Sean Herman

If you're a parent, you can't escape the avalanche of news touting the negative effects of technology on children. You figure that screen time can't be as bad as experts are making it out to be, and yet, you're unsure which platforms to trust and may even have anxiety over what your kids are seeing online. You want to help them form good habits around technology use, but where can you turn for guidance? In *Screen Captured*, Sean Herman separates technology fact from fiction for his fellow parents. He highlights the difference between positive screen time, which focuses on education, connectedness, and creativity, and being screen captured, where we are manipulated by tech companies to crave the infinite feed. He acknowledges privacy concerns but digs deeper to reveal the true problem: a growing obsession among children with the social validation they receive online. Sean equips you with critical questions to ask so you can give your kids the best

### About The Author(s)

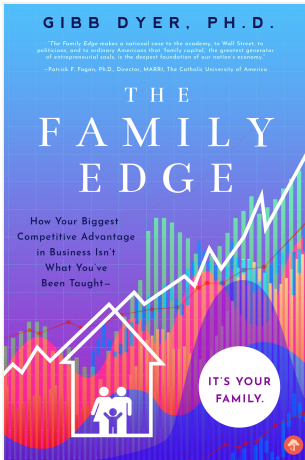
SEAN HERMAN is the father of an 8-year-old daughter and a 2-year-old son. The experiences his daughter had online inspired him to start Kinzoo, a private messenger that turns screen time into family time. As Founder and CEO, Sean aims to make Kinzoo the most trusted brand in the world for incorporating technology into our children's lives, and he wants to help parents mold their kids into responsible digital citizens. As a CFA Charterholder, Sean is uniquely qualified to analyze the future of technology from both the consumer and company perspectives. He lives in Vancouver with his two children and wife of twelve years.

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**Current Licenses:** Korean (Korea, South), English Worldwide (Audio)

### BISAC Codes

- FAMILY & RELATIONSHIPS / Parenting / General



Familius

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Page Count: 256

Retail Price (USD): 19.99

Age: 18+

ISBN: 9781641701402

## The Family Edge

By Dyer, Gibb

What's the most important asset any entrepreneur or business owner needs to succeed? After more than thirty years consulting for Fortune 100 companies, international organizations, and family businesses around the world, Gibb Dyer confirms that the secret ingredient to business and entrepreneurial success is not an MBA from a great school, a fantastic marketing plan, or even a blue ocean strategy. It's access to three types of capital: financial, social, and labor. Dyer's three decades worth of research and data conclude statistically that the most effective and successful entrepreneurs have immediate access to these three—all within their family. A ground breaking book for any business owner, family business, or budding entrepreneur, The Family Edge provides clear evidence and powerful tools to help you leverage the asset you need but have probably not paid enough attention to: family capital.

### About The Author(s)

Gibb Dyer (PhD, MIT) is the O. Leslie Stone Professor of Entrepreneurship and the Academic Director of the Ballard Center for Economic Self-Reliance in the Marriott School of Business. He is an award-winning author, having published seven books and over sixty articles, and he has also been a consultant to leaders of family businesses and entrepreneurial firms for over thirty years. His research has been quoted in publications such as Fortune, The Wall Street Journal, and The New York Times. He and his wife, Theresa, are the parents of seven children and have sixteen active grandchildren. -

### Review(s)

If "The business of America is business" then Gibb Dyer's book, The Family Edge, makes a national case to the academy, to Wall Street, to politicians, and to ordinary Americans that "family capital," the greatest generator of entrepreneurial souls, is the deepest foundation of our nation's economy.

—Patrick F. Fagan, PhD, Director, MARRI, The Catholic University of America "In this excellent new book, Gibb Dyer puts forth the most compelling case to date for why the sustainability of supportive, trust-inducing family ties is not just good for the quality of relationships within enterprising families, it is an essential strategic advantage for the growth and continuity of the enterprises that these families own and manage."

—Ivan Lansberg, founding editor of the Family Business Review

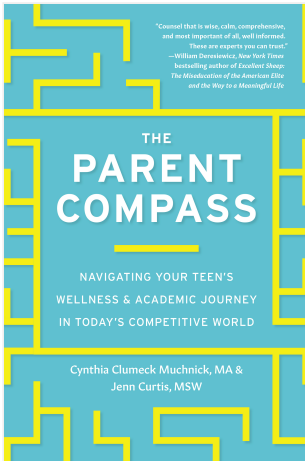
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**Current Licenses:** Korean (Worldwide), English Worldwide (Audio)

**BISAC Codes**



- BUSINESS & ECONOMICS / New Business Enterprises
- BUSINESS & ECONOMICS / Careers / General



Familius

Publication Date: 9/1/2020

Trim Size: 9in x 6in (229mm x 152mm)

Page Count: 224

Age: 8 - 99

ISBN: 9781641702881

## The Parent Compass

By Cynthia Clumeck Muchnick, Jenn Bowie

Curtis

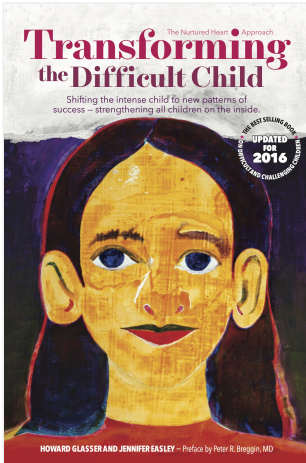
There's no use sugar-coating it: teens today are stressed out, sleep-deprived, over-committed, and sometimes depressed or even suicidal, and one of the biggest stressors for teens and their parents is the college admissions process. If some parents are willing to falsify standardized test answers, bribe coaches, and make fake donations to charities just to help their kids get into college, then our generation of parents has gotten way off track. It can be hard for parents to practice what they know is right when everyone around them seems to be frantically tutoring, managing, and helicoptering. While well-intentioned, many parents don't know how best to support their children during this sensitive and stressful time. The Parent Compass provides guidance on how to appropriately parent during the college admissions process and what parents' roles should be in supporting their teens' mental health as they navigate high school, college applications, and all the pressures that come along with that busy time of life. Packed with practical advice, useful suggestions, and real case studies drawn from the authors' combined experience of over 25 years of guiding parents and students through this stressful phase, this book is a toolbox and treasure trove of ideas and answers.

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**Current Licenses:** , English Worldwide (Audio)

### BISAC Codes

- FAMILY & RELATIONSHIPS / Parenting / General



## Transforming the Difficult Child

By Howard Neil Glasser, Jennifer Easley

The Nurtured Heart Approach™ gives, educators and treatment professionals an absolutely clear understanding of how a challenging child really responds to normal ways of interactions and why traditional methods actually backfire and make the situation worse. This approach provides you with a powerful set of strategies designed specifically to turn the intense and challenging child around to a new pattern of success. Using this approach, it is easy to shift the difficult child to being a cooperative child who uses his or her intensity in entirely positive and creative ways. With the right tools, you get to experience the joy of having a therapeutic effect and the joy of watching your child succeed. You get to enjoy the compliments instead of the complaints that so often accompany a difficult child in every area of life.

Nurtured Heart Publications  
Publication Date: 1/1/2016

Trim Size: 9in x 6in (229mm x 152mm)  
Page Count: 272  
Retail Price (USD): 24.95  
Age: 18+  
ISBN: 9780967050706

### About The Author(s)

Howard Neil Glasser is Founder of the Children's Success Foundation and creator of the Nurtured Heart Approach®. He is a voice for children's greatness so they can ultimately find their own voice of greatness. His mission is to teach an approach to children truly feeling cherished. Howard's background in family treatment, clinical studies and educational leadership along with his work with some of the most intense and challenging children is the basis the approach that he has now brought to many. He has been referred to as one of the most influential persons working to reduce children's reliance on psychiatric medications. His work is inspiring a growing number of educational and treatment initiative worldwide and has been featured on CNN, Esquire and more. Howard is the author of 18 books, including *Transforming the Difficult Child*, a longstanding bestseller on challenging children and he is a sought-after Keynote speaker in areas of treatment, educational and inspiring greatness. Nurtured Heart is currently being researched by Rutgers University, the University of Arizona's Zuckerman School of Public Health, and the New Mexico State University. He currently teaches certification trainings on the Nurtured Heart Approach for the Children's Success Foundation as well as guest lecturing at Andrew Weil's Integrative Medicine at the University of Arizona and their School of Public Health's new Transformational Wellness program.

Jennifer Easley, MA, is a child mental health specialist and nationally certified counselor who has worked with difficult children and their families for over 35 years in community mental health centers, private practice and school settings. She studied with Howard Glasser at the very beginning of his journey to codify and teach the Nurtured Heart Approach. She has consulted with Seattle, Tucson and El Paso school districts and

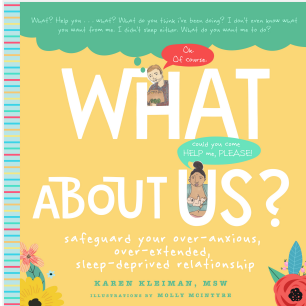
believes that unified parent and teacher support are instrumental in creating healthier children. She is now living in New Mexico where she counsels military families and their children. This is her first of two books with Howard Glasser.

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**Current Licenses:** None

**BISAC Codes**

- FAMILY & RELATIONSHIPS / Parenting / General
- PSYCHOLOGY / Applied Psychology



Familius

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Page Count: 128

Retail Price (USD): 16.99

Age: 18+

ISBN: 9781641705714

## What about US?

Good Moms Series

By Karen Kleiman, Illustrated By Molly McEntyre

The demands of a new baby can test a couple's relationship like nothing else! When we factor in sleep deprivation, hormonal changes, depression and anxiety, and different personalities, life with a newborn can feel a bit CRAZY. Couples tend to misinterpret this rough patch as a sign that something is wrong with the relationship, but when couples take steps toward open communication and safeguard their relationship, they can face everything new parenthood throws at them together. From the team behind the bestselling Good Moms Have Scary Thoughts comes a new guidebook of short essays, comics, and quick journal prompts about the stressful newborn stage, the struggles that so many new parents face, and the skills you need to tap into your strength as a couple.

### About The Author(s)

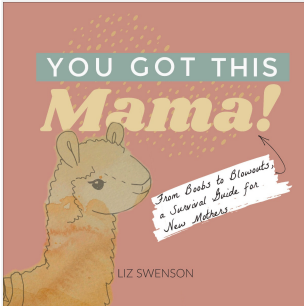
Karen Kleiman is a well-known international maternal mental-health expert with over thirty years of experience and frequent appearances and interviews in digital and print publications as well as on national television programs. In 1988, Karen founded The Postpartum Stress Center, a treatment and training facility for prenatal and postpartum depression and anxiety disorders, where she treats individuals and couples.

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**Current Licenses:** None

### BISAC Codes

- FAMILY & RELATIONSHIPS / Parenting / Motherhood
- SELF-HELP / Depression
- FAMILY & RELATIONSHIPS / Parenting / Fatherhood



Familius

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Page Count: 208

Retail Price (USD): 14.99

Age: 18+

ISBN: 9781641704496

## You Got This, Mama!

By Elizabeth Swenson

Being a mom is HARD—don't let anyone tell you otherwise. The first few months (or let's be real, 18 years) after bringing a new baby home can be tiring and messy. Mothers need encouragement, inspiration, and a good laugh. You Got This, Mama!: From Boobs to Lube, a Survival Guide for New Mothers is a visual guide to new motherhood with illustrated quotes, hilarious infographics, and encouraging thoughts to power new moms through another day. Real, honest, and beautifully designed, this is the guide for moms that we didn't know we needed.

### About The Author(s)

Liz Swenson lives in the sunny beach town of San Clemente, California, with her handsome hubs, three crazy boys, and big dog, Harper. She relishes momming, teaching math to high schoolers, making art, and living life to the fullest.

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**Current Licenses:** , English Worldwide (Audio)

### BISAC Codes

- FAMILY & RELATIONSHIPS / Parenting / Motherhood
- HEALTH & FITNESS / Pregnancy & Childbirth
- FAMILY & RELATIONSHIPS / Friendship