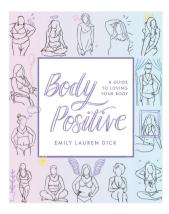


# London 2021 - Girl Power Rights Guide

### 3/30/2021

dropcap.com | Allison@dropcap.com | Monica@dropcap.com



#### Familius Publication Date: 1/1/2021

Trim Size: 10in x 8in (254mm x 203mm) Page Count: 208 Retail Price (USD): 19.99 Age: 8 - 99 ISBN: 9781641702676

### **Body Positive**

By Emily Lauren Dick

What does it mean to be beautiful? How can a girl embrace and develop her individuality and unique qualities when the world is constantly comparing her to the plastic perfection of Barbie? Body Positive: A Guide to Loving Your Body is the number one resource for young adult women who desire to redefine and understand true beauty. Focusing on correct body image, self-improvement, thinspiration, mental health, bullying, sexual harassment, and more, Body Positive is packed with introspective questions and inspiring, un-retouched photographs that display the bodies of real, everyday women Body Positive is a helpful, informative and inspirational guide that will help any girl transcend society's standards.

#### Current Licenses: , English Worldwide (Audio)

- SELF-HELP / Eating Disorders
- SELF-HELP / Motivational & Inspirational
- SOCIAL SCIENCE / Women's Studies



DR. ERICA HOLMES Foreword by Sheryl Lee Ralph

#### Girl Friday Books Publication Date: 9/19/2019

Trim Size: 9.25in x 7.5in (235mm x 191mm) Page Count: 196 Retail Price (USD): 20.95 Age: 18+ ISBN: 9781733232005

## **Dating with Purpose**

By Dr. Erica Holmes

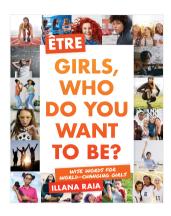
Are you a frequent resident of No Man's Land? Do your dating relationships always seem to fizzle out—or maybe even crash and burn? Ever think to yourself, maybe it's me? Written by clinical psychologist Dr. Erica Holmes, Dating with Purpose: A Single Woman's Guide to Escaping No Man's Land guides women of all ages through a journey of self-discovery, selfacceptance, and self-empowerment on the path to finding the love they desire. The first workbook of its kind, Dating with Purpose includes a series of easy-to-follow reflective exercises designed to bring awareness to the patterns and behaviors that set up roadblocks to happiness in intimate relationships. With time-tested psychological techniques, Dating with Purpose will help you balance dating using both your head and your heart. Play the Dating Name Game with Doc Erica: Are you Ms. Controlling, Lady Doormat, or Duchess Needy? Or a combination of them all? Her thought-provoking exercises will help you identify the behavioral qualities that adversely impact your ability to develop and sustain healthy relationships. Learn how to embrace your good dating habits—and ditch your unhealthy ones. This book will guide you through the inner work needed to bring your best self into a relationship.

#### About The Author(s)

Erica Holmes, PsyD, is a Licensed Clinical Psychologist and the director of the Psychological Trauma Studies Specialization in the master's in psychology program at Antioch University Los Angeles. Her areas of inquiry focus on relationships and coupling, insight and empowerment, psychological trauma, and clinical psychotherapy. Dating with Purpose is her first book. www.docerica.com

#### Current Licenses: None

- FAMILY & RELATIONSHIPS / Dating
- PSYCHOLOGY / Interpersonal Relations
- FAMILY & RELATIONSHIPS / Love & Romance



Girl Friday Books Publication Date: 10/11/2019

Trim Size: 9.25in x 7.5in (235mm x 191mm) Page Count: 202 Retail Price (USD): 26.95 Age: 13 - 17 ISBN: 9781733245708

# Être: Girls, Who Do You Want To Be?

By Illana Raia

Être means "to be." And girls, middle school is not too young to ask yourself this all-important question: Who do YOU want to be? Think of this book as a smart big sister in your backpack, encouraging you to stick with what you love and helping you springboard your authentic interests into more. SO . . . WHAT IS ÊTRE? A bold, full color magazine-style collection of articles breaking down big ideas like financial confidence, mentorship, philanthropy, and entrepreneurship for today's motivated girls. Organized by topic (#BeSmart, #BeWi\$e, #BeInnovative), and featuring Insta-inspired graphics, Être offers wise words to worldchanging girls . . . at exactly the right time. WHO'S IN IT? Get ready for empowering quotes and interviews from luminary women alongside input from inspiring girls across the country. WHO'S IT FOR? Middle and high school girls everywhere . . . and the moms, big sisters, and cool aunts reading over their shoulders

#### About The Author(s)

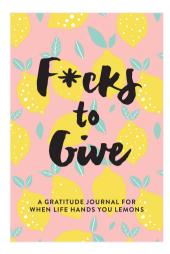
Illana Raia is a former Skadden lawyer, an occasional guest lecturer at Columbia University, and the founder of Être--a mentorship platform for motivated girls. After an early career in mergers and acquisitions, Illana was named the first Knowledge Strategy Counsel at Skadden, creating internal knowledge sites for more than thirty practices across the globe. She built the Être website with this in mind and thinks of Être as knowledge strategy for girls, curating the resources and role models girls need to change the world. Illana has contributed to the Huffington Post, Medium, Ellevate, and Thrive Global since Être's launch in 2016, breaking down timely topics for the younger set, and was named a Mogul Influencer in 2017. She was featured in The Balance Project Interviews in 2018 and the #WomenWhoRock photo campaign in 2019 and has been a recent guest on podcasts and radio; Illana's journey from attorney to founder was also profiled in Forbes. Illana graduated with honors from Smith College and received her JD from the University of Chicago Law School, where she was managing editor of the Legal Forum. She lives happily in NYC and at the Jersey Shore with her husband and two children, and is unapologetically nerdy. www.etregirls.com

#### Review(s)

"Être brilliantly does what no other organization or book does. It reaches middle school girls exactly where they are and helps them soar. Using fresh, engaging language, Être provides these girls with the tools to identify, preserve, and foster their most authentic selves, the part that so often gets lost in the societal pressures of middle school. And then Être encourages them to become the best version of that authentic self. A must-read for every middle school girl and everyone who loves her." —Marie Benedict, New York Times bestselling author of The Only Woman in the Room, Carnegie's Maid, and The Other Einstein

#### Current Licenses: None

- YOUNG ADULT NONFICTION / Social Topics / Self-Esteem & Self-
  - Reliance
- YOUNG ADULT NONFICTION / Careers
  YOUNG ADULT NONFICTION / Biography & Autobiography / W
- YOUNG ADULT NONFICTION / Biography & Autobiography / Women



Girl Friday Books Publication Date: 4/6/2021

Trim Size: 9in x 6in (229mm x 152mm) Page Count: 128 Retail Price (USD): 14.99 Age: 18+ ISBN: 9781734880205

### F\*cks to Give

By L.T. Jenness

Feeling burned out? So done? Like you've got zero left to give? This guided journal will help shift your focus from giving up to gratitude and refuel your soul, one prompt at a time. Yeah, yeah, we know it sounds like another line, but gratitude really can improve your overall attitude and have profound effects on your life. Real-life, actual scientific studies have found that people who regularly practice gratitude and write about it have better relationships and are healthier and happier than people who don't. Use this journal to dig deep to find your f\*cks, or focus on the ones right in front of your face. Sometimes you'll want to fill pages with paragraphs, while other times a simple list will do. Skip around and work on the prompts that speak to you in the moment. Thoughtful quotes from superwise and bad\*ss people will inspire you, while guick tips, tricks, and suggestions for maximizing all that latent gratitude will help you make the most of even the sh\*ttiest day. Even when life ships you crates of lemons, you can still make one superstrong vodka lemonade and find that there are a whole lot of reasons to give a sh\*t. Now let's find those f\*cks, one by one.

#### About The Author(s)

L.T. Jenness found herself completely out of f\*cks in late 2018. But thanks to kind people—family, friends, coworkers, acquaintances, and strangers—she was able to find reasons to give a sh\*t again and figured she should pay it forward. Writing as LJ Tracosas, she also creates books for curious kids, including Sink Your Teeth Into Sharks, with more than 500,000 copies in print. She lives, writes, and edits in Atlanta, Georgia, and has too many cats. She makes books in memory of her son, Miles.

#### Current Licenses: None

- SELF-HELP / Journaling \*
  - SELF-HELP / Stress Management

#### contact: allison@dropcap.com



Lioncrest Publishing Publication Date: 1/12/2021

Trim Size: 8.5in x 5.5in (216mm x 140mm) Page Count: 300 Retail Price (USD): 15.99 Age: 18+ ISBN: 978-1544517186

### Ghost

By Iona Holloway

I am going to show you why your pain is invisible to everyone else, and why, in the struggle to be seen, your body became your battlefield. From the outside, your life looks polished. You're talented, successful, strong. Your perfection safeguards you against suffering. Everyone assumes you're fine, and you hide in plain sight. But the truth is that, inside, you feel like a fraud. From childhood, you've been gaslighted by your own gifts. "Good enough" is impossible. But being perfect leaves no space to be human. You suffer in silence. You use your body as a canvas to scream your pain, shrinking in a desperate bid to be visible. This book is my story and the story of women I have worked with. It is the story of how vulnerability will unlock your truth and set you free. Iona Holloway woke up one day and knew she could never go on another diet. She was willing to sacrifice her "perfect body" if it meant she felt whole-not lost, ashamed, and hopeless. She became her own guide on the hard journey of coming home to herself. Haunting, vulnerable, blunt, and stunning, Ghost is a story that reveals why strong women go to war with their bodies. In her debut memoir, Iona Holloway explores lost childhood, identity webs, hot shame, emotional freeze, love, and lineage to tell the story of how to change not just behaviours, but beliefs. How to ask for help. How to let go of perfect. Now is not the time to shrink. This book won't heal you, but it will help you find the heart to heal.

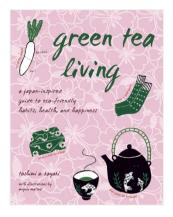
#### About The Author(s)

Iona Holloway is an author, coach, and speaker. She helps women stop shrinking their bodies, worth, and power through vulnerability, creativity, and breathwork so they can reclaim their lives and honour their gifts. She and her partner, Sean, live in Boston with a very clingy Shiba Inu and a cat Iona has never held. Her pets have taught her a lot about embodied trauma. You can learn more about Iona at ionaholloway.com.

#### Current Licenses: None

#### **BISAC Codes**

SELF-HELP / Eating Disorders



Stone Bridge Press Publication Date: 1/1/2010

Trim Size: 7in x 5.5in (178mm x 140mm) Page Count: 160 Retail Price (USD): 14.95 Age: 18+ ISBN: 9781933330846

## **Green Tea Living**

By Kayaki, Toshimi A., Illustrated By Matsuo,

Miyuki

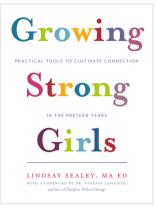
Starting with the notion that some traditions—like drinking green tea for health and mental acuity—embody timeless wisdom for living, Toshimi A. Kayaki offers dozens of wise old Japanese ways for improving how you look and feel while respecting nature and the environment. Carry your own pair of chopsticks, wear five-toe socks, eat salty plums, use rice water as floor wax, do "eco-laundry," and always set aside 10 percent for savings . . . you get the idea. By leading a "green tea life," you'll help yourself and the planet.Toshimi A. Kayaki, born and raised in Japan, now lives in the San Francisco Bay Area and has published twenty-two books on women's and cross-cultural issues.

#### About The Author(s)

Toshimi A. Kayaki, born and raised in Japan, moved to the USA in 1989. She has written for newspapers, magazines, and advertising and has been a radio and TV reporter. She has published 22 books, mostly about cultural comparisons, women's issues, housekeeping hints, and self-improvement. She lives in the San Francisco Bay Area with her husband and son and cat. www.greentealiving.com/

**Current Licenses**: English (Japan), Vietnamese (Worldwide), Turkish (Turkey), Japanese Japan (Print)

- FAMILY & RELATIONSHIPS / Activities
  - SELF-HELP / Green Lifestyle



Wonderwell Press Publication Date: 9/5/2017

Trim Size: 8.5in x 6.5in (216mm x 165mm) Page Count: 232 Retail Price (USD): 16.99 Age: 18+ ISBN: 9781928055297

# **Growing Strong Girls**

By Lindsay Sealey

Girls today face incredible pressure to grow up fast. They yearn to connect, but sometimes this yearning can turn into negative, even destructive, behavioral patterns such as gossiping, being passive-aggressive or mean, becoming screen-addicted, or disengaging from school. It's heartbreaking to watch even the most confident young girls disconnect and lose their sparkle as they hit the preteen years. In Growing Strong Girls, Lindsay Sealey reveals the key to activating self-awareness, inner strength, and confidence in a preteen girl—a nurturing and secure connection between her and her caregivers.

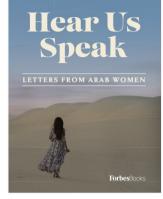
#### About The Author(s)

Lindsay Sealey is the founder and CEO of Bold New Girls and Brave New Boys: a unique teaching and coaching company, merging academic and social and emotional support, and emphasizing empowerment. Sealey is a passionate keynote speaker, consultant, and workshop facilitator for students, teachers, parents, and community volunteers.

#### Current Licenses: None

- FAMILY & RELATIONSHIPS / Life Stages / School Age
- FAMILY & RELATIONSHIPS / Parenting / General
- EDUCATION / Teacher & Student Mentoring \*

#### Suzan Kanoo



ForbesBooks Publication Date: 4/6/2021

Trim Size: 9.25in x 6.25in (235mm x 159mm) Retail Price (USD): 24.99 Age: 18+ ISBN: 978-1950863198

### Hear Us Speak

By Suzan "Suzy" Kanoo

IF ARAB WOMEN WERE GIVEN A VOICE, WHAT STORY WOULD THEY TELL? To be a woman is a gift. But that gift does not come without challenges. Historically, women around the globe have fought to be heard. The stories of Arab women in particular have often been veiled in mystery. In Hear Us Speak, Suzy Kanoo lifts the veil. As a CEO, Suzy has enjoyed great success as an Arab businessperson; as a woman, she has witnessed firsthand how Arab legislation and culture has not always kept pace with a world that continues to evolve. By curating letters from a wide array of women—and one good man—Suzy reveals story after story of courageous, resilient human beings who flourish in the face of impossible odds. The letters in this book are inspiring, shocking, empowering, harrowing-and a thousand shades between. When read together, they paint a rich portrait of what life is like for Arab women today. These are wives, mothers, daughters, and sisters. They are businesspeople, entrepreneurs, citizens, and refugees. They have seen and done remarkable things, been bruised and emerged stronger for it. Hear Us Speak is a book by and for women, a chorus of voices that will forever change the way you see the world.

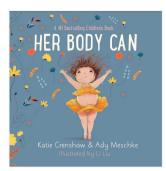
#### About The Author(s)

Suzan "Suzy" Kanoo is CEO and president of Khalil bin Ebrahim Kanoo Company and International Motor Trading Agency, which she has led to become one of the top five car divisions in the country. A pillar of the Bahraini business community, Suzy represents the kingdom at the top economic summit in Davos, is a member of the YPO top-CEO network, and was the first Arab woman to chair the MENA division through member elections. She has traveled with the UN to Syria and goes twice a year to refugee camps around the world and is the cofounder of Ren of Fay, an organic and halal makeup line. Educated in the United States with undergraduate and graduate degrees in the liberal arts, she has studied at Boston College, Mercer University, Georgetown University, and Harvard. She is presently completing an executive business program at London Business School. Suzy is a sought-after speaker, tech investor, entrepreneur, poet, author, and the proud mother of three.

#### Current Licenses: None

#### **BISAC Codes**

SOCIAL SCIENCE / Women's Studies



Body Can Books Publication Date: 2/18/2020

Trim Size: 8.5in x 8.5in (216mm x 216mm) Page Count: 33 Retail Price (USD): 16.00 Age: 4 - 8 ISBN: 9780578651484

## Her Body Can

By Katie Crenshaw, Ady Meschke, Illustrated By

Li Liu

"Her body is beautiful-strong, kind and wise. All bodies are lovely no matter their size." HER BODY CAN is a #1 Bestselling Children's Book book of poetic self-love and body positivity declarations for all young girls. Its aim is to encourage our girls to create a reality for themselves in which they love themselves and their bodies for exactly who and what they are, instead of learning to judge themselves and hate their bodies for what they are not. Our girls should know that their bodies are absolutely amazing and CAN DO incredible things-and that their worth is not measured by anything except how big they love themselves. The very first book of its kind, written for girls ages newborn to 8, this book intends to teach all young girls that their bodies CAN DO ANYTHING and that what they look like is irrelevant—we are all beautiful exactly the way we are. The authors' rhyming, singsong voices deliver captivating messages that are easy for young readers to understand and absorb, while the illustrator's whimsical, modern drawings and vibrant colors bring characters to life on and off the page.

#### About The Author(s)

#### Katie Crenshaw

Katie is a passionate mom of three living in Atlanta. She's been blogging and writing for over a decade as an outlet for authentic storytelling and has spent the last four years building a community of women through vulnerable conversation. Her emotional work on body image and redefining beauty has gone viral globally by way of Good Morning America, CNN, Inside Edition, and more. In 2019 she launched a podcast, ""If I'm Being Honest, with Katie Crenshaw"" as a way to elevate the voiceless and normalize the human experience by breaking down walls and teaching others that the most important thing in life is to be unapologetically YOU. She is also a mental health advocate and the 2020 Spokesperson for The Blue Dot Project. To learn more about Katie and follow her story, you can find her on Instagram @katiemcrenshaw or on her website www.katiecrenshaw.com

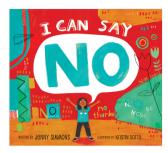
#### Ady Meschke

Ady is an Atlanta-based entrepreneur and boy mom living out her dreams as a world-renowned travel blogger of 8 years. The founder of Verbal Gold Blog and Social Gold, she clouts a body positivity message and aims to let women everywhere know that ""all ages and sizes should love themselves and feel worthy to live their best life."" She is also the owner of a body-inclusive activewear company that has been featured in Shape and The Today Show, aiming to help all women learn to love the shape of their bodies. More than anything she wants to inspire all women, young or not, to dream their biggest dreams possible and keep trying no matter what--because those dreams, with enough hard work, can absolutely come true. To learn more about Ady, follow her on Instagram @adymeschke or visit her website at www.verbalgoldblog.com

Ady is an Atlanta-based entrepreneur and boy mom living out her dreams as a world-renowned travel blogger of 8 years. The founder of Verbal Gold Blog and Social Gold, she clouts a body positivity message and aims to let women everywhere know that ""all ages and sizes should love themselves and feel worthy to live their best life."" She is also the owner of a body-inclusive activewear company that has been featured in Shape and The Today Show, aiming to help all women learn to love the shape of their bodies. More than anything she wants to inspire all women, young or not, to dream their biggest dreams possible and keep trying no matter what--because those dreams, with enough hard work, can absolutely come true. To learn more about Ady, follow her on Instagram @adymeschke or visit her website at www.verbalgoldblog.com

#### Current Licenses: Portuguese (Brazil)

- JUVENILE FICTION / Social Issues / General (see also headings under Family)
- JUVENILE FICTION / Social Issues / Self-Esteem & Self-Reliance



National Center for Youth Issues Publication Date: 3/4/2021

Trim Size: 8in x 9in (203mm x 229mm) Page Count: 32 Retail Price (USD): 9.95 Age: 6 - 10 ISBN: 9781937870775

# I Can Say No

By Jenny Simmons, Illustrated By Kristin Sorra

In I Can Say No, Jenny Simmons teaches children the power of the word "no." Whether it's saying no to bullying or someone invading their personal space or simply to playing with a friend when they need some alone time, children learn that they can use their voice to stand up for what is good in the world, and good for themselves. I learned a little word, And even though it's small. When I use it with authority. I'm the strongest of them all! NO That's right. I can say NO. I can say no to a movie I don't like. I can say no if I'm not into riding bikes. I can say no if I want to be alone. Or I'm feeling kind of tired and would rather stay at home. As parents and educators, we often teach children to use the word "no" when they are in danger or when someone is trying to harm them. But "no" is powerful in other areas of life, as well. Learning to say "no" without feeling guilty or needing to explain themselves gives children the power to protect their boundaries, energy, convictions, and time. Saying "no" also allows them to create space for saying "yes" to the things that matter most. By teaching children how to use this small but mighty word, they will be able to face life with confidence, independence, and a positive sense of self-worth!

#### About The Author(s)

Jenny Simmons is a dynamic storyteller who champions selftransformation in students and adults. She is an accomplished singer/songwriter, the author of two books on personal growth and grief, and serves as a Chaplain working alongside students every day. Jenny has been traveling the country for two decades performing and teaching students and adults how to cultivate a life of hope, resiliency and creativity. A former people-pleaser and mom of two daughters, Jenny is passionate about equipping and empowering children to use their voices in ways that establish honest, compassionate boundaries. She lives with her family in Nashville, Tennessee.

#### Current Licenses: Japanese (Japan)

- JUVENILE FICTION / Social Issues / Self-Esteem & Self-Reliance
- JUVENILE FICTION / Social Issues / Values & Virtues
- JUVENILE FICTION / Social Issues / General (see also headings under Family)



Girl Friday Books Publication Date: 9/14/2021

Trim Size: 9in x 6in (229mm x 152mm) Page Count: 308 Retail Price (USD): 29.95 Age: 18+ ISBN: 9781954854031

### **Remembering Shanghai**

By Isabel Sun Chao, Claire Chao

"A volume that demands to be held." -Los Angeles Review of Books True stories of glamour, drama, and tragedy told through five generations of a Shanghai family, from the last days of imperial rule to the Cultural Revolution. A high position bestowed by China's empress dowager grants power and wealth to the Sun family. For Isabel, growing up in glamorous 1930s and '40s Shanghai, it is a life of utmost privilege. But while her scholar father and fashionable mother shelter her from civil war and Japanese occupation, they cannot shield the family forever. When Mao comes to power, eighteen-year-old Isabel journeys to Hong Kong, not realizing that she will make it her home—and that she will never see her father again. She returns to Shanghai fifty years later with her daughter, Claire, to confront their family's past—one they discover is filled with love and betrayal, kidnappers and concubines, glittering palaces and underworld crime bosses. Lavishly illustrated and meticulously researched, Remembering Shanghai follows five generations from a hardscrabble village to the bright lights of Hong Kong. By turns harrowing and heartwarming, this vivid memoir explores identity, loss, and redemption against an epic backdrop. WINNER OF 20 LITERARY AND DESIGN AWARDS, INCLUDING: Writer's Digest GRAND PRIZE, Rubery Book Award BOOK OF THE YEAR, IAN Independent Author Network OUTSTANDING MEMOIR, IPPY Independent Publisher Book Awards BEST FIRST BOOK, Reader Views GLOBAL AWARD

#### About The Author(s)

Isabel Sun Chao is one of the last of her generation to have experienced legendary "Old Shanghai" firsthand. After growing up in Shanghai, she left for Hong Kong on what she thought was a holiday in 1950 and never saw her father again. She has since lived in Hong Kong, where she worked for more than thirty years as a cultural affairs specialist in the US Consulate General. Now in her eighties, Isabel is retired, and most days can be found exercising her skills and diplomacy at the mahjong table. www.rememberingshanghai.com/about

Isabel's daughter, Claire Chao, spent much of her youth seeking connections to her parents' homeland. After thirty years in management with companies such as Tiffany & Co., Harry Winston and Hill & Knowlton, she spent a decade creating Remembering Shanghai, uncovering an uncanny link with the grandfather she never met. She has been designated one of Avenue magazine's "500 Most Influential Asian Americans" and Tatler Hong Kong's "Who's Who in Hong Kong." She graduated with highest honors from Princeton University and lives in Honolulu with her husband and two dogs. www.rememberingshanghai.com/about

#### Award(s)

2021 Writer's Digest Grand Prize

#### Current Licenses: None

#### **BISAC Codes**

BIOGRAPHY & AUTOBIOGRAPHY / Women



Essential Library Publication Date: 1/1/2021

Age: 11 - 17

# Strong, Healthy Girls

Series

This series is designed to promote girls' self-esteem, self-worth, health, and identity. Each book reinforces "life skills" in an approachable, contemporary style, with groundings in wellness programs and teen psychology. References to current trends are used in the text and design elements. Each chapter addresses a specific issue within the title topic, demonstrating the issue through a fictional narrative. Aligned to Common Core Standards and correlated to state standards. Essential Library is an imprint of Abdo Publishing, a division of ABDO.

#### Current Licenses: None

- JUVENILE NONFICTION / Girls & Women
- JUVENILE NONFICTION / Social Issues / Adolescence







Trunk Up Books Publication Date: 3/8/2021

Trim Size: 8in x 5in (203mm x 127mm) Page Count: 118 Retail Price (USD): 9.99 Age: 10 - 15 ISBN: 9781734906240

# The King's Decree

By Torina Kingsley

A sixteen-year-old princess with depression wonders if anyone else understands how it feels to feel nothing. When Princess Devina turned fifteen, she struggled to get out of bed each day. Things that used to bring her joy--playing, laughing, dancing, painting--suddenly didn't. It was as if all her emotions had disappeared, leaving her with a terrible emptiness--and sadness--inside. Her father, the king, yows to help his daughter by issuing a decree for her sixteenth birthday celebration: anyone in the kingdom who is able to make Devina smile will win her hand in marriage. So begins the middle-grade story The King's Decree, a modern-day spin on the Russian folktale, The Princess Who Never Laughed, masterfully told by author Torina Kingsley. In the kingdom's peasant village, lives yet a different teenage girl, Yasmin, who loves her humble surroundings and the people in it. An unlikely encounter with the princess sparks a bond between the girls that runs deeper than friendship. When tragedy strikes and Devina's mother passes away, the princess is plunged further into despair and depression. She finds herself running to the person who makes her feel whole, who doesn't judge her, who accepts her: "And my heart, as heavy as it was--as heavy as it still is--felt buoyed by Yasmin's friendship, by her love. Just knowing that she wants to be by my side makes me want to keep standing."

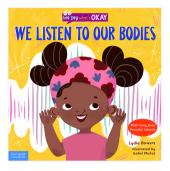
#### About The Author(s)

Torina Kingsley has always dreamed of becoming a published writer. By the time high school came around, her mind was swirling with tales ready to be told. When she isn't writing thought-provoking and socially conscious young adult stories, Kingsley teaches music and loves working with her students. She lives with her husband and two rescue dogs in the Chicago area where she enjoys reading and spending time with her family.

#### Current Licenses: None

- JUVENILE FICTION / Social Issues / Depression & Mental Illness
- JUVENILE FICTION / LGBT





Free Spirit Publishing Publication Date: 3/2/2021

Trim Size: 10in x 10in (254mm x 254mm) Page Count: 36 Retail Price (USD): 14.99 Age: 3 - 5 ISBN: 9781631985003

### We Listen to Our Bodies

We Say What's Okay

By Lydia Bowers, Illustrated By Isabel Muñoz

Deja helps young children recognize their emotions by listening to their bodies.

#### Current Licenses: None

- JUVENILE FICTION / Concepts / Body
- JUVENILE FICTION / Social Issues / Emotions & Feelings
- JUVENILE FICTION / Social Issues / Sexual Abuse